

DELAWARE COUNTY SENIOR DINING PROGRAM: OPERATED BY OPPORTUNITIES INC. WITH FUNDING FROM THE DELAWARE COUNTY OFFICE FOR THE AGING AND DONATIONS. FUNDING SOURCES INCLUDE OLDER AMERICANS ACT, NUTRITION SERVICES INCENTIVE PROGRAM, NYS COMMUNITY SERVICES FOR THE ELDERLY, NYS SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM, AND FUNDING FROM THE DELAWARE COUNTY BOARD OF SUPERVISORS.

NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE. NUTRITIONAL ANALYSIS AVAILABLE UPON REQUEST. MILK IS SERVED WITH EVERY MEAL.

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-2 Thru 10-6	Country Fried Steak Baked Potato Peas & Carrots Grape Juice Whole Wheat Bread Ice Cream	Baked Liver & Onions Whipped Potatoes Red Cabbage Fruit Salad Whole Wheat Bread Butterscotch Pudding	Chicken & Broccoli Alfredo Diced Beets Christmas Salad Italian Bread Peach Upside Down Cake	Ravioli & Sausage Sautéed String Beans Tossed Salad Italian Bread Fruit Cocktail	Crab Topped Tilapia Roasted Potatoes Steamed Broccoli Cucumber Salad Whole Wheat Bread Pineapple Tidbits
10-9 Thru 10-13	CLOSED COLOMBUS DAY	Spanish Rice Seasoned Corn Three Bean Salad Cranberry Juice Whole Wheat Bread Peachy Cream Pudding	Chicken Pot Pie Steamed Broccoli Apple Sauce Whole Wheat Bread Fruited Jello	Round House Chicken Egg Noodles Brussel Sprouts Snow on the Mountain Whole Wheat Bread Vanilla Ice Cream	Potato Encrusted Pollock Roasted Potatoes Mixed Vegetables Cole Slaw Whole Wheat Bread Chocolate Cake
10-16 Thru 10-20	Turkey Divan Baked Sweet Potatoes Steamed Cauliflower Whole Wheat Bread Lemon Pudding with Topping	Ham Steak with Pineapples Scalloped Potatoes Sliced Carrots Three Bean Salad Dinner Roll Blondie Cookie Bar	Swedish Meatballs Egg Noodles Capri Blend Vegetables Apple Juice Italian Bread Cranberry Crisp	Roast Turkey with Gravy Mashed Potatoes Green Beans Garden Fresh Salad Cranberry Sauce Dinner Roll Pumpkin Mousse	Roast Pork with Gravy Baked Potato Butternut Squash Apple Sauce Dinner Roll Oatmeal Raisin Cookies
10-23 Thru 10-27	Chili Con Carne Steamed Brown Rice Mixed Vegetables Corn Bread Fruited Jello with Topping	Irish Beef Stew Buttermilk Biscuit Red Cabbage Grape Juice Cinnamon Coffee Cake	BREAKFAST FOR LUNCH	Meatloaf with Gravy Mashed Potatoes Garden Fresh Beans Sliced Apricots Whole Wheat Bread Chocolate Mousse	Fish on a Bun Tartar Sauce Oven Fries Sliced Beets Cole Slaw Sherbet
Contact Your Local Dining Center	Grand Gorge: (607) 588-6166 Joy Johnson	Walton: (607) 865-6739 Morgan Beers Hancock: (607) 637-2219 Jennifer Appley	Delhi: (607) 746-2250 Nakota Lame	Sidney: (607) 563-2212 Jennifer Anderson	Margaretville: (845) 586-4764 Michelle Scudder

DELAWARE COUNTY SENIOR DINING PROGRAM: OPERATED BY DELAWARE OPPORTUNITIES INC. WITH FUNDING FROM THE DELAWARE COUNTY OFFICE FOR THE AGING AND DONATIONS. FUNDING SOURCES INCLUDE OLDER AMERICANS ACT, NUTRITION SERVICES INCENTIVE PROGRAM, NYS COMMUNITY SERVICES FOR THE ELDERLY, NYS SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM, AND FUNDING FROM THE DELAWARE COUNTY BOARD OF SUPERVISORS.
 NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE. NUTRITIONAL ANALYSIS AVAILABLE UPON REQUEST. MILK IS SERVED WITH EVERY MEAL.

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-30 Thru 11-3	BBQ Pork Loin Baked Sweet Potatoes Mixed Vegetables Grape Juice Whole Wheat Bread Scalloped Apples	Sloppy Joe on a Bun Zucchini & Yellow Squash Three Bean Salad Fruit Salad Vanilla Pudding	Chicken Parmigiana Spaghetti Noodles Bean & Mushroom Sauté Tossed Salad Italian Bread Jello with Topping	Salisbury Steak Mashed Potatoes Broccoli & Cauliflower Apple Juice Whole Wheat Bread Ice Cream with Peaches	Maple Mustard Chicken Parmesan Egg Noodles Sliced Carrots Tomato Cucumber Salad Italian Bread Diced Pears
11-6 Thru 11-10	Potato Encrusted Pollock Parslied Potatoes Diced Beets Orange Juice Whole Wheat Bread Chocolate Pudding	Macaroni & Cheese Stewed Tomatoes Tossed Salad Cranberry Juice Whole Wheat Bread Apple Crisp	Meatloaf with Gravy Whipped Potatoes Red Cabbage Rosey Apple Relish Whole Wheat Bread Mandarin Oranges	BBQ Chicken Baked Beans Corn & Zucchini Sauté Diced Peaches Whole Wheat Bread Sherbet	CLOSED VETERANS DAY
11-13 Thru 11-17	Baked Ziti Casserole Italian Style Beans Apple Juice Italian Bread One Cup Fruit Salad	Tuna Noodle Casserole Broccoli & Cauliflower Pineapple Juice Whole Wheat Bread Iced Yellow Cake	Ham with Raisin Sauce Scalloped Potatoes Roasted Brussel Sprouts Carrot Raisin Salad Whole Wheat Bread Rice Pudding	Taco Pie Seasoned Spinach Cranberry Juice Whole Wheat Bread Molasses Cookies	Roast Turkey with Gravy Savory Stuffing Mashed Potatoes Cranberry Sauce Peas & Pearl Onions Cabbage Waldorf Salad Dinner Roll Pumpkin Pie & Topping
11-20 Thru 11-24	Beef Pepper Steak Steamed Brown Rice Italian Blend Vegetables Orange Juice Whole Wheat Bread Butterscotch Pudding	Roast Pork with Gravy Roasted Potatoes Butternut Squash Apple Sauce Dinner Roll Jello with Topping	Baked Chicken with Gravy Mashed Potatoes Mixed Vegetables Buttermilk Biscuit Grape Juice Pineapple Tidbits	CLOSED THANKSGIVING DAY	CLOSED DAY AFTER THANKSGIVING
Contact Your Local Dining Center	IMPORTANT INFORMATION → Walton (607) 865-6739	Grand Gorge Congregate Dining CLOSED Tuesday, November 7 th Election Day Grand Gorge (607) 588-6166	IMPORTANT INFORMATION ↔ Hancock (607) 637-2219	Delaware Opportunities Senior Dining Program Sidney (607) 563-2212 Delhi (607) 746-2250	IMPORTANT INFORMATION ← Margaretville (845) 586-4764

DELAWARE COUNTY SENIOR DINING PROGRAM: OPERATED BY DELAWARE OPPORTUNITIES INC. WITH FUNDING FROM THE DELAWARE COUNTY OFFICE FOR THE AGING AND DONATIONS. FUNDING SOURCES INCLUDE OLDER AMERICANS ACT, NUTRITION SERVICES INCENTIVE PROGRAM, NYS COMMUNITY SERVICES FOR THE ELDERLY, NYS SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM, AND FUNDING FROM THE DELAWARE COUNTY BOARD OF SUPERVISORS.
 NOTE: MENU SUBJECT TO CHANGE WITHOUT NOTICE. NUTRITIONAL ANALYSIS AVAILABLE UPON REQUEST. MILK IS SERVED WITH EVERY MEAL.

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11-27 Thru 12-1	Spaghetti & Meatballs Italian Blend Vegetables Three Bean Salad Italian Bread Sherbet	Spicy Cranberry Pork Roasted Sweet Potatoes Steamed Peas Apple Sauce Whole Wheat Bread Rice Pudding	Chicken & Broccoli Alfredo Buttered Carrots Apple Juice Whole Wheat Bread Pineapple Upside Down Cake	Meatloaf with Gravy Mashed Potatoes Red Cabbage Fruit Salad Whole Wheat Bread Oatmeal Raisin Cookies	BREAKFAST FOR LUNCH Scrambled Eggs Home Fries Sausage Patty Orange Juice Whole Wheat Bread Cinnamon Apple Sauce
	DIETICIAN SERVICES OFFICE FOR THE AGING Andrea Martell 607-832-5750	DIETICIAN SERVICES OFFICE FOR THE AGING Andrea Martell 607-832-5750	DIETICIAN SERVICES OFFICE FOR THE AGING Andrea Martell 607-832-5750	DIETICIAN SERVICES OFFICE FOR THE AGING Andrea Martell 607-832-5750	DIETICIAN SERVICES OFFICE FOR THE AGING Andrea Martell 607-832-5750
Contact Your Local Dining Center	Margaretville: (845) 586-4764 Michelle Scudder	Delhi: (607) 746-2250 Nakota Lame Walton: (607) 865-6739 Morgan Beers	Hancock: (607) 637-2219 Jennifer Appley	Grand Gorge: (607) 588-6166 Joy Johnson	Sidney: (607) 563-2212 Jennifer Anderson